

# 3

## Speech



*A speech is a formal talk that a person delivers to convey thoughts, ideas and perspectives in front of a large audience. It can be used to educate, inspire, entertain, and persuade, as well as inform students or the general public about an issue of interest. It can also be an effective piece of writing.*

### Topic Notes

- Marking Scheme*
- Structure*





Writing a speech requires students to be aware of the general issues prevailing in society. When delivering a speech, students must be able to comprehend the pros and cons of the topic he or she wants to deliver, along with relevant ideas, evidence, facts, and other details. A speech is composed of an introduction, a stance or perception of the speaker on the given topic, and the conclusion thereof.

Speeches are sometimes made impromptu and hence, a speaker must be prepared to express his or her ideas spontaneously and in a logical manner.

## Marking Scheme

As per the new CBSE pattern, 1 question will be asked on speech writing for 5 marks (with internal choice). The breakdown of marks as per the new pattern is as follows:

### Format (1 mark)

- Format (style) of 'Title' is pre-defined.
- The title should be precise yet relevant to the content given under it.
- To make the title eye-catching, write the first letter of every word in uppercase and the rest in lowercase.

### Content (2 marks)

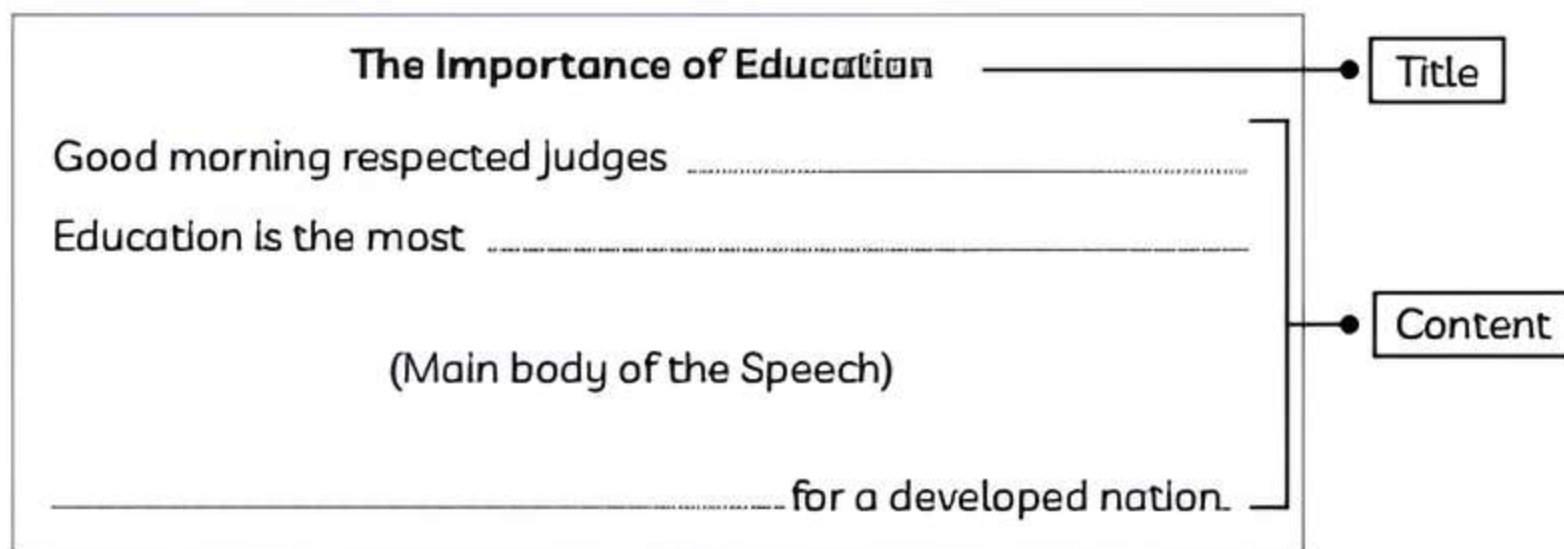
- It is the main body of a speech. It should be within 120-150 words.
- All the views, stances, perspectives, ideas, information, and thoughts given should be logically explained.

- Should elaborate the topic and the facts thereof, given in the question.
- The whole composition, if divided into different paragraphs, should have a link to one another.
- There should be relevance between the sentences that oppose each other.
- The initial sentences should be introductory, wherein the speaker introduces chief guests, teachers, the principal, or friends. The middle portion should provide the main idea or perspective of the speaker about the topic, and the last few lines should summarise the speech in a conventional way, without plainly repeating the sentences or thoughts.

### Expression (2 marks)

- The overall quality of writing is judged to decide if the final 1 mark should be given or not.
- Grammatical accuracy, sentence structure, and correct spellings are the main checkpoints.

## Structure



### Technique

- Write about the issue without beating around the bush.
- Provide data or facts, if any, in support of your stance.
- Use a convincing way of writing in order to make it effective.
- Do not use colloquial language.
- Avoid repeating ideas or writing the same point again.

### Example:

A study by scientists has revealed that obesity has become a major health hazard, leading to all kinds of diseases even among youth. As Karan/Kareena, write a speech on this issue for your morning assembly. Your speech should be titled 'Obesity and Physical Activity in Schools'.



## Obesity and Physical Activity in Schools

Good morning respected principal, teachers and students. Today, I, Kareena of class XI-A, is going to speak on the topic "Obesity and Physical Activity in Schools".

Obesity has become a major issue among school children, as they mostly eat junk food.

Obesity among children is hampering their physical and mental growth. Physical activity at this stage of life is a must for our development. This is precisely why all schools have Physical Education as a mandatory subject in the curriculum. We, as the future citizens of the nation, should follow a strict regimen of physical exercises to maintain our health and well-being. Not only that, we must also incorporate healthier diets in our routines. It is exercise coupled with healthy diet that finally work in the long run. Such regimen will aid us in better concentration, boost energy level and protect us from many lifestyle diseases.

Thank you!

## QUESTIONS

1. Regular practice of yoga is useful for maintaining good health. It is also important for improving concentration and peace of mind. You are Shivam/Shabnam.

Write a speech in 150-200 words to be delivered in the morning assembly of your school, highlighting the importance of yoga in our life.

Ans.

### The Importance of Yoga for Students

Good morning respected principal, teachers, and my dear friends. Today, I, Shivam, will speak on "The Importance of Yoga for Students".

Ancient India gave the world an invaluable treasure in the form of yoga. Yoga is not just for relaxation or for calming or toning of the body, but it is a way of life. A sustained practice of yoga can add years to our lives, and help us stay youthful. In this competitive age where everybody rushes to surpass others, yoga is one of the best ways of destressing and detoxing the mind and the body. Moreover, the environment around us is quite polluted. Yoga can minimize the effect of pollution by means of effective breathing techniques. The stressful lives of today's students make them prone to various diseases and mental complexities. Yoga relieves them from negative thoughts and thus, brings peace to the mind.

Today, yoga is not only popular in our country, but it is extremely popular in the western countries as well. Therefore, I urge all the students to practice yoga and reap the benefits of its simple but effective routine.

Thank you!

2. You are Veer/Priti. You are a resident of Chandigarh. You are very concerned about the deteriorating air quality in the northern part of India. You realise that the rising amount of construction work, burning of leaves and garbage, and the lack of wind and rain are major causes of this problem. Write a speech in 150-200 words which you will deliver at the school assembly on the occasion of World Environment Day, to voice your concern about the situation.

Ans.

### Deteriorating Air Quality in the Northern Part of India

Good morning honourable judges, teachers, and my fellow students. Today, I, Priti, stand before you to speak about the deteriorating air quality in the northern part of India.

As we all can see, the air we breathe in nowadays is not as healthy as it used to be. It is getting impure day-by-day due to several reasons. The fumes from industrial areas, factories, and construction work are posing many health hazards to the environment. They get mixed into the air and make it poisonous at times. I have also seen that some people burn a huge heap of leaves and garbage to get rid of the dump. However, that is extremely bad for health as the burning leaves emit carbon monoxide, a poisonous gas. It is high time that these harmful activities are controlled to maintain air quality. Changing weather conditions are also a major factor behind the deteriorating air quality. Geographically speaking, rain and wind are important factors which control air pollution, as rain acts as a cleanser by washing away the dust in the air. Wind on the other hand, helps to spread dust particles in the air. In order to make the air quality better, let us start working together, and make our state a safer place to breathe.

Thank you!





3. Keeping good personal and public hygiene can play a crucial role in mitigating the spread of deadly viral diseases. Write a speech in 120 - 150 words on how it can be implemented in our personal and social lives. You are Nayan/Nidhi.

Ans.

### Importance of Good Hygiene in Mitigating the spread of Deadly Diseases

Good morning respected principal, teachers, and my dear friends. Today, I, Nidhi, stand before you all to discuss the importance of good hygiene in mitigating the spread of deadly diseases.

During the recent outbreak of the novel corona virus, the government issued a list of preventive measures that could help us in keeping safe from infection. The guidelines included steps like washing your hands properly and frequently, covering your face while sneezing or coughing and regularly cleaning the commonly-touched surfaces to stop spread of virus.

You see, all of these tips are not new to us. We have been aware of them since childhood, but somehow never followed them strictly.

However, we can promise ourselves to continue following these steps even after the threat of COVID-19 is lifted. Organizations like schools and offices should also continue enforcing these rules. We should all continue keeping our homes and roads clean to make this world a better place.

Thank you!

4. You are Sarit/Sarita, secretary of the Environmental Club of your school. Write a speech in 120 - 150 words for the club's annual meeting, expressing your deep concern over the shocking state of "Wildlife in India". Enumerate how schools can be made an active part of the conservation process.

Ans.

### Wildlife in India

Good morning, respected principal, teachers and members of the Environmental Club. Today I, Sarita, the secretary of the club, is present here to express my deep concern at the state of wildlife in our country.

Every day through the mass media, one can see the reports of endangered animals being poached for monetary gains or other reasons. We as part of the community, have to become proactive and do our bit to save our wildlife. I believe we have to work at every stage for a social cause. Schools are the best forum where we can address issues like these. From increasing awareness among people in society about importance of wildlife to asking people not to buy animal products, schools can play a major part in improving the status of our wildlife.

I believe that, we should take a step in the movement and include more students to the cause.

Thank you!

5. Write a speech in 150-200 words on 'Benefits of Early Rising' to be delivered by you in the morning assembly of your school. You are Karuna/Karan, Head Girl/Head Boy.

Ans.

### Benefits of Early Rising

Respected teachers, principal and all my dear friends. Today, I, Karan, Head Boy, stand before you to speak on the topic 'Benefits of Early Rising'.

We all must have heard the saying "Early to bed, early to rise, makes a man healthy, wealthy and wise". But have we ever thought about practising it in our lives? The answer is a loud NO. Students today have made a habit of sleeping late at night and waking up late in the morning. Early waking up, however, has a lot of benefits for us. If a person wakes up early, he/she maintains energy and positivity throughout the day. Studies have revealed that waking up early in the morning results in better memory power, high energy levels, good concentration, and avoidance of negative thoughts. It makes the body healthy and fit. It also strengthens the immunity system. Moreover, we are able to finish all our tasks without any tension.

I wanted to highlight the good effects of early waking up for the students so that, in the era of cut-throat competition, they know the way to retain their physical and mental strength without working too hard for it.

Thank you!





6. WHO recommends a doctor-population ratio of 1:1000. In India, this ratio is out of proportion by over 10 times. Prepare a speech in (120-150 words) on the causes of lack of doctors in our country and suggest ways to address this issue.

Ans.

### Lack of Doctors in Our Country

Good morning to one and all present in today's assembly. Today, I, will talk about the lack of doctors in our country.

Proper healthcare is one of the basic facilities that we have right to as citizens of this country. However, our healthcare system is lagging far behind in this issue. The main reason for this is the lack of doctors in our country. In India, there is a vast imbalance in the ratio of doctors to the country's total population. The current ratio is more than 10 times that is recommended by WHO, which is 1 doctor to 1000 people.

The main cause behind the acute shortage of doctors in our country is the shortage of medical colleges. Currently, there are 681 medical colleges in India that produce close to 1.04 lakh doctors every year. Even at this rate, it is insufficient to cater to India's ever-growing population. Moreover, doctors prefer to move abroad in order to earn more money and fame, which causes a shortage of good doctors in the country. Measures must be taken to retain skill and talent.

To meet the medical requirements of the people, the government needs to open more medical colleges. These colleges should be equipped with adequate resources and able faculties. The children in schools should also be encouraged to develop interest in the medical field to provide selfless service. This way, we can surely strengthen the healthcare infrastructure of our country.

Thank you!

7. You are upset after reading a report in the newspaper which shows a shocking decline in the girls population. Write a speech in 120-150 words which you will deliver during the school assembly highlighting the misconception still prevailing in our society where girls are considered a burden on the family. You are Rajesh/Rupali. [Delhi Gov. SQP 2022]

Ans.

### Decline in the Girl Child Population

Good morning everyone present here. Today, I, Rajesh of class-XI-A, is going to speak about the decline of girl child population.

According to the latest report, there is a gradual decline in the population of the girl child because of the misconception still prevailing in our society where girls are considered a burden on the family. We live in a country of Rani Laxmibai, Kalpana Chawla, Sarojini Naidu and many other strong and inspirational women, still this is the condition of the girls in our country. It is hard to believe that such atrocities prevail in the country which preach "Beti Bachao, Beti Padhao".

To stop this, women have to become empowered with mental and emotional strength and with assertiveness to say NO, The solution to save the girl child lies in woman. It is time women stood up together and took a resolution to put an end to all atrocities done to them.

Thank you!

8. You are Ali/Alia, Head girl/Head boy of your school. You are deeply disturbed by the rising cases of aggressive behaviour among students of your school. You decide to speak about it, during the morning assembly. Write a speech on 'Indiscipline in Schools'. (120-150 words)





Ans.

### Indiscipline in Schools

Good morning respected principal, teachers and my dear friends. Today, I, Ali, Head Boy of your school, will speak on the topic 'Indiscipline in School'.

Indiscipline is a matter of grave concern these days since teachers and the discipline in-charges of the school are getting innumerable complaints of students creating ruckus and nuisance around the school premises. Not just within the premises, but the staff is also getting complaints from bus drivers and conductors about reckless behaviour of the students inside vehicles. Students are found making noises, eating lunch before recess, roaming around the campus for no reason, bunking classes and bullying other students. Not only this, they also indulge in fights after the school is over or during the recess.

This demands a urgent need to make them value discipline. Discipline is not only required to be a better student, but also a better human being. It is the most essential part of a person's conduct. Without discipline, no one can achieve any aim in life. From clearing the examinations to becoming a successful person, discipline plays a great role in every aspect of one's life.

I want to make the students understand that indiscipline is not acceptable. Therefore, students shouldn't indulge themselves in immoral activities and bad habits. Rather, we all should work on our moral conduct and behaviour to become a better human being and make our school proud of us.

Thank you!

9. Currently, our country is dealing with a severe virus outbreak. It is mentally challenging for most of us to deal with the situation we are in. Write a speech in 120-150 words suggesting ways for students to keep good mental health during such trying times.

Ans.

### Ways to Keep Good Mental Health During COVID-19

Good morning to everyone present over here. Today, I am here to speak about how we can keep good mental health in the times of the global pandemic.

COVID- 19 has devastated the lives of many. During this period, we are made to follow certain precautionary measures that changed our lifestyle completely. For many of us, this turned out to be mentally challenging. None of us can help it. All we can do is to prepare ourselves to deal with it in the best way possible. We can stay strong and support our family members. We can take up various hobbies or even plant a new kitchen garden or choose to learn any new skill. We can help our parents in daily chores. Being engaged in a positive manner can help us stay mentally healthy and face the challenges.

We must remember that difficult times do not last forever. Therefore, do not lose hope and spend your time effectively and wisely.

Thank you!

